

# Spiritual Exercises for Women

## 3-DAY SILENT RETREAT

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The Spiritual Exercises are an opportunity to retreat from the hectic, noisy world and encounter Jesus Christ in a more profound and personal way - through prayerful introspection, discernment of God's will and a decision to follow Christ, Our Lord, more closely.

### When:

6:00 p.m. on Friday, February 2, through  
2:00 p.m. Sunday, February 4, 2024

### Where:

Our Lady of the Holy Spirit Center  
5440 Moeller Ave, Norwood, OH 45212

Retreat Director: Fr. Matthew Summe, LC

### Registration & Details:

Deadline to register is January 30, 2024

<https://rcohiovalley.org/3day-women-spex-feb24>

### Who:

Any woman, 18 to 100 years of age, is welcome to attend.

### Cost:

\$295 before January 19th, \$345 after.  
Includes: Overnight accommodations and meals. Upon cancellation: \$50 is non-refundable.

### Contact:

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REGNUM CHRISTI  
GREATER CINCINNATI